

SKINcredible

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Owo® Treatment Instructions

When receiving a series of Qwo® treatments at Skincredible, it is important to follow these pre and post-treatment instructions in order to avoid complications and to achieve the best possible result(s).

Please note that following a Qwo® treatment, you may have bruising in the treatment area. We recommend that you plan your series of treatments with any upcoming activities or social engagements in mind.

Your treatment will last approximately 30 minutes depending on the number of areas being treated. Your Skincredible provider will review with you all post-treatment instructions and expectations at the time of your first treatment. A complete QWO® treatment protocol consists of a series of three treatments performed in twenty-one (21) day intervals. We advise patients to plan accordingly as follow-up treatments performed outside the three week interval may reduce the efficacy of the overall treatment.

PRE-TREATMENT

2 WEEKS BEFORE

- Avoid anti-inflammatory and/or blood thinning medications 10-14 days prior to treatment. Medications such as Aspirin, Motrin, Ibuprofen, and Aleve should be avoided. Note: If you have a cardiovascular history and are using anti-inflammatory or blood thinning medications, please consult your doctor prior to stopping use.
- Avoid herbal supplements such as Vitamin E, Fish oil, Ginkgo Biloba, Ginseng, Garlic and St. John's Wort as they may increase the chance of bruising.

2 DAYS BEFORE

- Avoid consuming alcohol and/or smoking 2-days prior to treatment.

DAY OF YOUR PROCEDURE

- Avoid shaving, waxing electrolysis and laser hair removal, as well as the use of depilatory creams, the day of your procedure.
- Do not apply cream(s) or lotion(s) to the area being treated.

POST TREATMENT

Upon concluding your Qwo® treatment, please note the following instructions:

- Avoid strenuous exercise for 48 hours after treatment.
- Continue to avoid for 48 hours following treatment all anti-inflammatory and blood thinning medications, along with herbal supplements, as these may increase bruising.
- Avoid tanning and sun exposure during the course of treatment and for 2 weeks following the last treatment to avoid post-inflammatory discoloration.
- Avoid shaving your legs for 4 days following each treatment.
- Do not shower within 24 hours following a Qwo® treatment.
- Avoid baths and sitting in stagnant water for 7 days following treatment.
- Avoid drinking alcohol for a minimum of 24-48 hours as this may contribute to increased bruising and/or swelling.
- Consider compression garments (Spanx, Biker shorts) for 2-4 days following treatment to improve comfort.

Following treatment, you may experience one or more of the following side effects:

- Bruising
- Injection site pain and tenderness
- Mild bleeding
- Swelling and redness in the treatment area
- Injection site masses or nodules
- Numbness, tingling and sensitivity changes
- Itching

Most patients experience significant bruising around the treatment site. This bruising generally resolves within 30 days following treatment.

Some patients may have hypersensitivity to Qwo® and/or may develop an allergic reaction. Please notify your Skincredible provider of any allergic reactions immediately. If you are unable to contact your Skincredible provider, immediately contact your primary care physician and/or emergency services. Symptoms of an allergic reaction can include hives, trouble breathing, low blood pressure, swollen face, chest pain, dizziness and/or fainting

If you have any questions or concerns following your Qwo® treatment, please feel free to reach out to your provider or the Skincredible staff.

(610) 525-3677

or

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