

SKINcredible

919 CONESTOGA ROAD ■ BLDG. 2 - SUITE 207
BRYN MAWR, PA 19010
(610) 525-3677

Profound

Following the Treatment

Your Skincredible provider will explain the expected healing sequence and expected treatment side effects.

- You may wash normally following the procedure using mild cleansers or soaps. Avoid washcloths and harsh cleansers until all transient healing processes have resolved naturally.
- The expected downtime following the Profound treatment may be 5 to 7 days.
- Immediately following treatment, most patients will experience a clinical endpoint of erythema (redness) as well as some bruising that may last for 3-5 days. However for more aggressive treatments this may last longer.
- Slight to moderate edema (swelling) is also common post treatment and may last 3-5 days.
- The treated area must be kept moist at all times for the week following treatment to avoid scab formation.
- Your provider may opt to use additional cooling methods such as cool compresses, gel packs or facial mask for 30 minutes or more immediately after treatment as well as on and off for the following 24 hours. You may apply ice packs (15 minutes on/15 minutes off) to reduce post-procedural inflammation in the two hours immediately following the treatment. Ice is encouraged 4 to 5 times throughout the day following treatment (15 minutes on, 15 minutes off).
- Before discharge, a topical ointment may be applied to the face, no bandages or wraps are necessary.
- Your provider will inform you when you may resume the use of your usual skin care products and makeup. We recommend purchasing new face make-up in order to avoid introducing bacteria from a used container. In most cases, make-up use may be resumed about 3 days after treatment. Normal Skin care regimen can be resumed 7 days after treatment.
- There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area, as if you had sunburn.
- Wash the treated area with a mild cleanser 4-5 times daily. Apply *Restorative Nighttime Bio-Therapy* immediately following washing for 5 days.
- Sleep with your head slightly elevated on a pillow for the first night following treatment.
- Be sure to change pillow cases or use a clean towel each night to protect bedding as well as to avoid introducing bacteria to the treated area.
- Please avoid allowing pets in the bed or near the treated area for the 48 hours following treatment.

SKINcredible

919 CONESTOGA ROAD ■ BLDG. 2 - SUITE 207
BRYN MAWR, PA 19010
(610) 525-3677

Continued...

- Avoid sun exposure to reduce the chance of hyperpigmentation.
- We highly recommend the use of a zinc oxide sunblock (SPF 30 or higher) at all times during the course of treatment and for at least one month following treatment.
- Clinical testing suggests that wrinkle improvement can continue to develop for 3 to 6 months following treatment. In addition, the dermal remodeling process following non-ablative RF treatments has been found to continue for upwards of 6 to 12 months.

Retreatment with the Profound system is not recommended prior to
6 months following the initial treatment.

**If you have any questions or concerns following your Profound treatment,
please feel free to reach out to your provider or the Skincredible staff.**

(610) 525-3677

or

frontdesk@skincredible.com