

JuvaShape

Post Treatment Care and Follow-Up

1. Please clean and dry your entire treatment area. Apply a good moisturizing product with sunscreen and reapply sunscreen every 2 hours.
2. You need to drink a glass of water immediately after the treatment.
3. To experience the best results, it is recommended to drink plenty of water (at least 8 to 10 cups) daily to maintain good hydration.
4. Avoid excessive exercise, sweating, hot baths or saunas for 3 days after treatment.
5. Avoid consumption of alcoholic beverages for 3 days after treatment (alcohol may dehydrate the body and skin).
6. The amount of treatments needed will vary according to the degree of skin irregularity, patient age, skin condition, smoking history, medical history, medications, etc.
7. You can repeat the treatment every 2 to 3 weeks for 4 to 6 treatments. To maintain, follow up treatment at 6 months, as well as annually.
8. Do not take any NSAIDS or anti-inflammatory drugs for 72 hours after treatment and 24 hours before treatment, such as Ibuprofen, Advil, Motrin and Aleve. You may take Tylenol.
9. Resume normal activity as tolerated.

If you have any questions or concerns following your JuvaShape treatment, please feel free to reach out to your provider or the Skincredible staff.

(610) 525-3677

or

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