

# SKIN CREDIBLE

*A Cosmoderm Specialist*

## WELCOME TO OUR OFFICE

**IN ORDER TO SERVE YOU PROPERLY, WE NEED THE FOLLOWING INFORMATION  
ALL INFORMATION IS STRICTLY CONFIDENTIAL**

(Please Print Clearly)

PATIENT

NAME: \_\_\_\_\_

LAST FIRST NICKNAME  
DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS \_\_\_\_\_

STREET APARTMENT

CITY STATE ZIP

MARITAL STATUS \_\_\_\_\_ SEX ( ) Male ( ) Female

Phone: Home \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

### CONTACT INFORMATION

EMERGENCY CONTACT #1

NAME NUMBER RELATIONSHIP TO PATIENT

EMERGENCY CONTACT#2

NAME NUMBER RELATIONSHIP TO PATIENT

PRIMARY CARE PHYSICIAN \_\_\_\_\_ PHONE # \_\_\_\_\_

REFERRING PHYSICIAN \_\_\_\_\_ PHONE # \_\_\_\_\_

PHARMACY: \_\_\_\_\_ PHONE # \_\_\_\_\_

**PLEASE COMPLETE ALL PAGES**

**Initial: \_\_\_\_\_ Date: \_\_\_\_\_**

**INSURANCE INFORMATION**

**IF PATIENT is underage and/ or insured under a parent/guardian**, or you are **not** the primary card holder, the following information is required.

Guarantor's Name \_\_\_\_\_

Guarantor's Date of Birth: \_\_\_\_\_ Social Security# \_\_\_\_\_

Guarantor's Employer: \_\_\_\_\_ Phone # \_\_\_\_\_

**PRIMARY CARD HOLDER PATIENT INSURANCE INFORMATION**

**Primary Insurance:** \_\_\_\_\_  
Name of Insurance Carrier

**I.D.#** \_\_\_\_\_ **Group #** \_\_\_\_\_

**Subscriber Name on Card:** \_\_\_\_\_

**Employed:** \_\_\_\_\_ **If Employed: Name of Employer** \_\_\_\_\_

**Secondary Insurance:** \_\_\_\_\_  
Name of Insurance Carrier

**I.D.#** \_\_\_\_\_ **Group #** \_\_\_\_\_

**IF you have any HMO type insurance, it is your responsibility to bring or order your referral electronically prior to your visit, and to check with the receptionist for number of visits left on a current referral**

**IF OUR OFFICE HAS A NEED TO CONTACT YOU HOW DO YOU WISH TO BE CONTACTED**

**PLEASE INDICATE YOUR PREFERENCE**

- ( ) Home Phone \_\_\_\_\_
  - ( ) OK to leave message w/ detailed information
  - ( ) Leave message with callback number only.
  
- ( ) Work Phone: \_\_\_\_\_
  - ( ) Leave message w/ callback number only.
  
- ( ) Cell Phone: \_\_\_\_\_
  - ( ) OK to leave message w/ detailed information
  - ( ) Leave message w/ callback number only.
  
- ( ) Written Communication
  - ( ) OK to mail to home address
  - ( ) OK to mail to work / office
  - ( ) OK to fax to : \_\_\_\_\_
  - ( ) Ok to sent to E-Mail address: \_\_\_\_\_

**INQUIRY/ INFORMATION**

**SKIN CREDIBLE** Offers many other procedures that you may also be interested in at a later Date. Please note which you might be interested in learning more about.

- ( ) Botox
- ( ) Chemical resurfacing
- ( ) Dermaplanning (Facial Hair removal)
- ( ) Fraxel
- ( ) Intense Pulse light for,
  - ( ) Acne
  - ( ) Hyperpigmentation
  - ( ) Rosacea
  - ( ) Telangectasia
- ( ) Laser Hair Removal
- ( ) Pixel Perfect
- ( ) Sclerotherapy
- ( ) Thermage and Body by Thermage
- ( ) Ultherapy

**PLEASE COMPLETE ALL PAGES**

**Initial: \_\_\_\_\_ Date: \_\_\_\_\_**

**HEALTH HISTORY**  
**Confidential**

**Your Health**

1) Have you been under the care of a physician, dermatologist or other medical professional within the past year? ( ) No ( ) Yes

If yes, explain: \_\_\_\_\_

2) Any recent surgery, including plastic surgery ( ) No ( ) Yes

If yes, explain: \_\_\_\_\_

3) Any skin cancer? ( ) No ( ) Yes

If yes, explain: \_\_\_\_\_

4) Have you had any of these health conditions in the past or present?

*(Please check all that apply and provide additional information below)*

- |                      |     |  |     |
|----------------------|-----|--|-----|
| Cancer               | ( ) | Headaches (chronic)                      | ( ) |
| Hormone imbalance    | ( ) | Hepatitis                                | ( ) |
| High blood pressure  | ( ) | Frequent cold sores                      | ( ) |
| Spinal injury        | ( ) | Immune disorders                         | ( ) |
| Thyroid condition    | ( ) | HIV/AIDS                                 | ( ) |
| Hysterectomy         | ( ) | Lupus                                    | ( ) |
| Diabetes             | ( ) | Metal bone pins or plates                | ( ) |
| Heart Problem        | ( ) | Phlebitis, blood clots, poor circulation | ( ) |
| Varicose veins       | ( ) | Blood clotting abnormalities             | ( ) |
| Arthritis            | ( ) | Psychological treatment                  | ( ) |
| Asthma               | ( ) | Skin diseases/ skin lesions              | ( ) |
| Eczema               | ( ) | Epilepsy                                 | ( ) |
| Keloid scarring      | ( ) | Seizure disorder                         | ( ) |
| Any active infection | ( ) | Fever Blisters                           | ( ) |

If yes to any of the above please explain: \_\_\_\_\_

## Health History Continued

5) List any prescription medications you take regularly:

Meds: \_\_\_\_\_ Dose: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

Meds: \_\_\_\_\_ Dose: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

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Meds: \_\_\_\_\_ Dose: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

Meds: \_\_\_\_\_ Dose: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

Meds: \_\_\_\_\_ Dose: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

( If additional space needed, please add to the back of the page.)

List any over the counter medications (including vitamins, herbal supplements, aspirin, etc.) you take regularly.

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6) Have you ever had an allergic reaction to any of the following? Please circle any that apply.

Cosmetics	Medicine	Food	Animals	Sunscreen	Iodine	Pollen
Fragrance	Shellfish	AHAS	Latex	Drugs	Other	

If YES to any of the above, please list name and reaction: \_\_\_\_\_

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7) Have you ever had an adverse reaction after using any skin product? (Please circle any that apply)

Rash                      Irritation                      Peeling                      Sun sensitivity                      Breakout

If YES, name product or ingredient of product: \_\_\_\_\_

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8) Do you use Tretinoin (Retin-A, Renova), Retinoid (Differin), Glycolic Acid, AHA, Salicylic Acid or Retinol/Vitamin A derivative products? ( ) No ( ) Yes

9) Have you or do you take Accutane? ( ) No ( ) Yes

10) Have you used an acne medication? ( ) No ( ) Yes, When? \_\_\_\_\_ Which drug (s) \_\_\_\_\_

## Health History Continued

**PLEASE COMPLETE ALL PAGES**

**Initial: \_\_\_\_\_ Date: \_\_\_\_\_**

11) Do you have Hyperpigmentation (darkening of the skin) or Hypopigmentation (lightening of the skin) or marks after physical trauma ( ) No ( ) Yes, describe:

12) Do you smoke: ( ) No ( ) Yes

13) List your daily consumption of : Water: \_\_\_\_\_ Caffeine: \_\_\_\_\_ Alcohol: \_\_\_\_\_

14) Do you follow a restricted diet? ( ) No ( ) Yes

15) What is your stress level? ( ) High ( ) Medium ( ) Low

16) Do you suffer from sinus problems? ( ) No ( ) Yes

17) Do you experience any problems sleeping? ( ) No ( ) Yes

18) Have you been exposed to the sun or used a tanning bed in the last 48 hours? ( ) No ( ) Yes

19) How frequently are you exposed to the sun or use a tanning bed?

\_\_\_\_\_ Infrequently \_\_\_\_\_ Frequently \_\_\_\_\_ Regularly

20) HAS ANYONE IN YOUR FAMILY HAD:

	Father	Mother	Sibling	Aunt / Uncle
Cancer	( )	( )	( )	( )
Diabetes	( )	( )	( )	( )
Heart Problems	( )	( )	( )	( )
Circulatory Problems	( )	( )	( )	( )
Stroke	( )	( )	( )	( )

Health Form completed

